

the EPISTLE

A Monthly Newsletter of Saint Mark's, Columbus

March 2023 • Issue 287

Love Thy Neighbor

Saint Mark's Members Reach Out with Hands and Heart

By Bill Mayr

Love translated into action lies at the heart of Saint Mark's Outreach Ministry, which provides material and spiritual assistance to those in need.

Outreach efforts in various forms date to the parish's beginnings in the early 1950s. Today, an Outreach Committee of about a dozen members steers the overall ministry. Many more church members volunteer with one or more programs.

"The thing that always amazes me is that when we announce a program, we get a good response," said Bill Karl, co-chair of the committee. "The church parishioners are really good at supporting outreach programs."

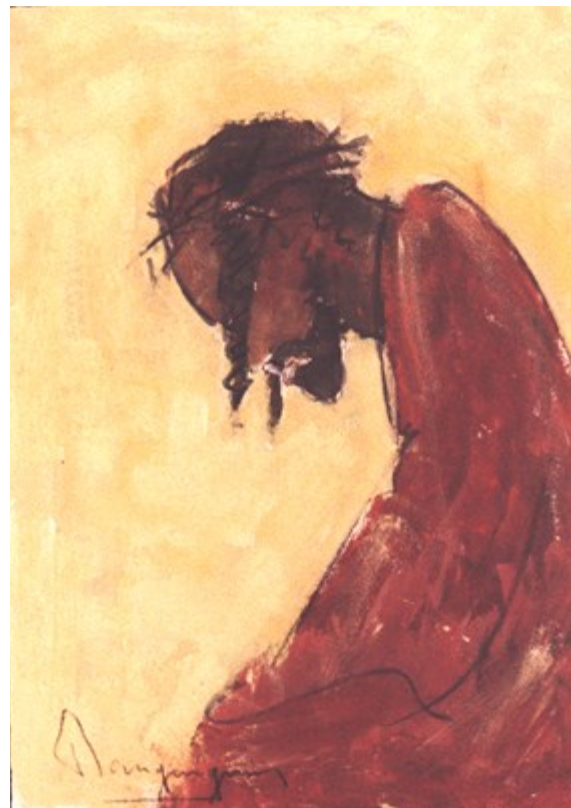
The ministry spent slightly more than \$30,000 during 2022, plus received a huge number of hours of service by volunteers. Money comes from donations and fundraisers, plus financial support from the Vestry. For 2023, the Vestry allocated \$12,000 from the church's operating budget, an increase of \$2,000 from

last year. A listing of funds spent on various projects is included with the Outreach report in the 2022 Saint Mark's Annual Report.

Examples of local programs currently supported, financially or with volunteers or both, are the NNEMAP food pantry and St. John's Street Church. Programs further afield include the Appalachian Children's Project and the global Episcopal Relief & Development.

The Outreach Committee is open to ideas for additional programs, said Leslie Winters, co-chair. "If we have somebody in the church who wants us to start a project, and wants to help organize a group, we'd love to hear that. We're always expanding what we do and taking on new projects," she said. The committee meets on the third Tuesday of the month at 7 p.m. in Canterbury Center. Contact Bill Karl or Leslie Winters for more information.

See *Love Thy Neighbor*, page 6



Stations of the Cross

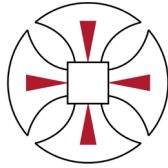
Saint Marks' Stations of the Cross are the work of the world renowned artist Paul-Henri Bourguignon. Some of the artwork will be on loan to the 2023 Conference on Medicine in Religion at The Ohio State University from March 12 through March 14. Don't be alarmed if you drop by the church during those days and don't see the stations.

Inside This Issue

Saint Mark's Outreach Ministry Mission

Saint Mark's seeks to make our community a better place for all by providing spiritual and material assistance to those who are hungry, without housing, without resources necessary for daily life, without a voice, or who live without a support network. We strive to educate our church community on the needs of the individuals and groups to whom we provide assistance. Saint Mark's Outreach Ministry works to Educate, Provide Care, and Raise Awareness.

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Betsy Gillespie – 614-795-5775

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Vestry meetings occur every first Tuesday of the month in the Canterbury Center. Meetings are open to parishioners. Meeting minutes are available online at: www.saintmarkscolumbus.org/vestry-meetings.

The Epistle is the monthly newsletter of Saint Mark's Episcopal Church. The rolling deadline for submissions is the third Monday of the preceding month. Send photos, announcements, or story ideas for inclusion in the Epistle to: Communications@saintmarkscolumbus.org.

Saint Mark's Annual Meeting February 12, 2023

Saint Mark's Episcopal Church serves as a beacon of Christian activity and remains financially strong, parish leaders said during the Annual Meeting. About 85 parishioners filled the parish hall on Sunday, Feb. 12, to receive updates on Saint Mark's and elect lay leaders.

Participation by parishioners in a host of church activities is outstanding; engagement with the community is under way in a diverse number of ways, according to outgoing Senior Warden Mark Drew. Pastor Vicki recounted new and existing programs; she noted programs that allow the youth to participate in parish life. And she pointed to community outreach such as Compline in the Park at the Quarry Trails Metro Park.

Attendance at Sunday services in recent months is up. In-person attendance averaged 130; online attendance averaged 105, Pastor Vicki said. A goal for 2023 is to help the digital participants engage more fully in the life of the congregation.

Saint Mark's is financially healthy, with income doing well and expenses under control, Treasurer Phil Glandon said. Pledges in the annual Stewardship Campaign for 2023 grew by \$24,000, the best growth in a decade or so.



Newly elected Wardens. From left: Youth Warden, Anna Markwardt; Senior Warden, Cheryl Boop; Junior Warden, Kevin Fix.

The following lay leaders were elected:

Senior Warden Cheryl Boop

Junior Warden Kevin Fix

Youth Warden Anna Markwardt

Vestry members, 3-year terms, Steve Brindza, Brenda Hammersley, Ted Myers and Andi Waller

Vestry member, unexpired 1-year term, Michael Bowman

Convention Delegates Michael Bowman and Dot Yeager

Convention Delegate Alternates: Anice Ellis and Judith Grant

Details are contained in the 2022 Annual Report, which can be found (along with more photos taken at the meeting at www.saintmarkscolumbus.org/annual-meeting). Printed copies of the Annual Report are available at the church.

MUSIC

Saint Mark's Organist, Michael Schreffler, to perform recital at First Congregational Church on March 15

One of the pleasures unique to playing the organ is the chance to play different instruments. While pianos by different makers can vary in power and timbre to some degree, one is still sitting down to one set of keys that elicit pretty much the same 'piano' sound from one instrument to the next. Pipe organs contain multiple ranks of pipes, each rank making a different sound and comprised of about 61 pipes ranging from low to high C on the keyboard (low C to high G on the pedal board).

Saint Marks' instrument has 41 such ranks, some of metal pipes and others made of wood. Each set of pipes is carefully manufactured and then 'voiced' to give it its own individual beauty and capacity to blend with the other ranks within the organ. Thus, an organ built in 1987 and completed in 2016 by the Canadian firm of Casavant is likely to sound entirely different from the 1931 symphonic style instrument built by the Chicago firm of W. W. Kimball and housed at First Congregational Church, downtown Columbus.

I count it a privilege to have been asked to perform on First Congregational's series of Lenten Meditation recitals on this magnificent instrument. With a wealth of orchestral tone color, the organ proves a wonderful vehicle for playing some of the literature that I plan to perform as part of a fuller recital in late April at Saint Mark's. If you're looking for a bit of a sneak preview of the April program, you'll have the opportunity to hear Leo Sowerby's Toccata and Richard Fitzgerald's imaginative Meditation (from his second organ symphony) on the Kimball organ at First Congregational on Wednesday, March 15, beginning at 12:15 p.m. The concert should run about a half hour, and I hope to see some of you there!

CONGREGATIONAL CONCERTS

March 15 @ 12:15 p.m.



First Congregational Church, United Church of Christ, Columbus Ohio

4 P.M. - SUNDAY, MARCH 5

EVENSONG

All are welcome to attend in person or via livestream.
www.SaintMarksColumbus.org

SAINT MARK'S EPISCOPAL CHURCH
 2151 Dorset Road, Columbus, Ohio 43221 | 614-486-9452

Choral Evensong March 5

Choral Evensong is a service of sung Evening Prayer that began during the English Reformation of the 1500s. It combines elements from several older evening services that had been prayed daily in monasteries throughout the Middle Ages. The service is contemplative and includes prayers (both spoken and sung), readings from scripture, hymns, and choral anthems.

At 4 p.m. on Sunday, March 5, Saint Mark's will offer a service of Choral Evensong, with music by the Saint Mark's Choir. Music will include the Second Service by William Byrd, responses by Bernard Rose, and anthems by Johannes Brahms and Martin Lauridsen.

Admission is free. Donations will be gratefully received in support of the Special Music Fund at Saint Mark's. Please join us for this beautiful and inspiring service, and be sure to invite some friends.

Mark Your Calendars

Episcopal Night at The Symphony returns to the Ohio Theater on Friday, May 19, 2023!

This will be the sixth event in the series and promises to be a great evening of food, fellowship & music. This will be conductor Ronald Jenkins' final appearance with the Columbus Symphony, featuring Gwendolyn Coleman, soprano; Simon Barrad, baritone; Joanna Frankel, violin and the CSO Symphony. Works will include Handel, Elgar, Vaughn Williams, Britten, and Paulus.

Tickets are \$60 per person and include food and beverages at a 5:30 p.m. reception at Galbreath Pavillion, as well as orchestra seating for the concert that begins at 7:30 p.m. Contact Bruce Smith for more information.

FORMATION

Youth Group

Youth Group is open to all youth grades 6 – 12. Youth Group will meet Sunday March 5 after the 10:30 am service. Lunch will be provided. We will play a variety of games with prizes awarded. Youth group will end at 1:30 p.m.

Eucharistic Prayer March 5

At their February meeting, the youth group used one of the forms in the Book of Common Prayer to write their own Eucharistic Prayer. We have received permission from Bishop Smith to use the Eucharistic Prayer at the 10:30 am service on Sunday March 5.

Come and hear the words of some of Saint Mark's youth.

Brown Bag Sermon March 5

At the 10:30 a.m. service, Pastor Vicki will give a Brown Bag sermon. The way this works is that all children and youth are invited to bring something to put in a brown bag at the front of the church. The challenge for Pastor Vicki will be to construct her sermon improv-style by including every item in the bag.

There are a few rules:

1. Nothing alive.
2. Nothing sticky, sloppy, gooey, or messy (put your slime in a jar before putting it in the bag)
3. Nothing that will injure Pastor Vicki as she picks it up (so nothing sharp or pointy).

Look around, be creative and bring something for the bag. The items put in the bag will be returned after the sermon.

Work Morning April 1

On Saturday April 1, we will have a parish work morning to get our building ready for Easter. There are a lot of little projects that need to be done around the church to spruce it up and get ready for Easter and to welcome visitors to Saint Mark's.

We will gather at 9 a.m. and end at noon or when we finish the list of projects, whichever comes first. There will be indoor work and, if weather permits, outdoor as well.

Pastor Vicki will bring donuts from the Goodie Shoppe as a reward for the workers.

Procter Camp Counselor Opportunities

Think about all the great people you know and let Adam Hayden know if any of those great people might be interested in being a camp counselor at Procter this summer. Adam Hayden at ahayden@diosohio.org / 812-430-4464.

Children's Formation**March Schedule**

3/5

First Sunday - No Children's Formation

3/12 - 3/26

The Apostle's Creed Project



After Jesus came back from 40 days alone in the desert, he very deliberately chose twelve people he wanted to walk beside him. He gave them a very important project. The people Jesus chose were not well-known, or wealthy, or particularly well-educated. They sometimes made mistakes, got into arguments, and had to deal with repercussions of the poor choices they had made.

In Children's Formation throughout Lent we will learn about Jesus' first friends, their project, and what that means for us in the world today.

Activity packets for The Apostle's Creed Project are posted each week on the Children's Formation page on the Saint Mark's website: www.saintmarkscolumbus.org/children-and-youth-formation.



SAINT MARK'S
Children's Formation

LENT - HOLY WEEK - EASTER**Lent at Saint Mark's**

Lent is a time of preparation for Easter. For more than a thousand years Christians have spent the six weeks before Easter in special study, prayer and fasting in order to be prepared for the most holy day of the Church Year – Easter Day.

Sunday Morning Formation

The Adult Formation program will take a look at the Baptismal Covenant and the promises that are made at Baptism. Adult formation takes place in the parish hall from 9:30 – 10:15 a.m.

Children's Formation will focus on The Apostles' Creed. See page 4 for more details. Children's Formation takes place in the Christian Education downstairs area beginning at 10:30 am with the children returning to the service at the Peace.

Quiet Morning March 4

There will be a Lent Quiet Morning on Saturday March 4. We will begin with Morning Prayer at 9 a.m. in the Canterbury Center. There will be a few reflections throughout the morning with time in between. There will be spaces for quiet prayer and for quiet conversation. We will provide some basic art supplies, but bring your journal, your art, a book you are reading or your knitting if you like. The morning will end at 11:30 with Noonday Prayer.

March First Sunday Outreach Activity

On Sunday March 5 we will have our March First Sunday Outreach program in place of both Children and Adult formation. This will be in the parish hall from 9:30 – 10:15 a.m. and will feature representatives from Help Me Grow in Vinton County. Our annual baby shower for Help Me Grow will take place during coffee hour that day.

Wednesday Evenings at Saint Mark's

On Wednesday evenings in Lent we are offering a four-part program. You can choose to participate in one, two, three or all four parts.

5:30 p.m. – Simple Supper. Gather for a simple soup and bread supper. There is a Sign-Up Genius link in the e-news and on the website for soup and bread.

6:15 – 7:15 p.m. – Pysanky Egg Workshop. Decorating pysanky is a multi-step, contemplative process most appropriate for ages 8 and up with adult supervision. A similar, age-appropriate Lenten activity will be provided for young children (ages 4-7) and the nursery will be staffed for very young children (infant to age 3) if needed.

7:30 – 7:45 p.m. – Compline. Compline is the night prayer of the church. It has been prayed by Christians for over 1000 years. We will gather in the church for Compline.

8 – 9 p.m. – Book Discussion. Discussion of the book *Walk in Love* by Scott Gunn and Melody Shue. The book looks at the life of the Episcopal Church through worship. The discussion will take place in the Canterbury Center or you can join by Zoom. Look for the link in the Friday weekly e-newsletter or on the parish calendar on the website.

The Wednesday evening program will be held March 1, 8, 15, 22, and 29.

For up to date information visit www.saintmarkscolumbus.org/lent.

Holy Week and Easter**Palm Sunday – April 2**

8 a.m. – Rite I Eucharist with blessing of the palms.

10:30 a.m. – Rite II Eucharist with music and blessing of the palms. The service will begin in the parish hall. We then process with our palms into the sanctuary.

Maundy Thursday – April 6

7:30 p.m. – This day commemorates the Last Supper and the giving of the great commandment mandatum in Latin, where the name of the day comes from. Eucharist ending with the stripping of the altar. The reserve sacrament will be in the chapel for private devotion following the service and on Friday.

Good Friday – April 7

Noon – Stations of the Cross

7:30 p.m. – Good Friday liturgy with communion from the reserve sacrament.

Great Vigil of Easter – April 8

7:30 p.m. – The Great Vigil of Easter is the first celebration of Easter. We start in darkness and move through the story of the history of God and human beings to the joy of the resurrection. This is a service of candles and water, Scripture and music.

Easter Day – April 9

9 a.m. – Holy Eucharist Rite II. Music by Canterbury Choir.

Following the 9 a.m. service there will be the Children's Easter Egg Hunt for ages 2-12.

11 a.m. – Holy Eucharist Rite II. Music by Saint Mark's Choir and Saint Mark's Brass.

For up to date information visit www.saintmarkscolumbus.org/holy-week-and-easter.

OUTREACH & SOCIAL JUSTICE

Love Thy Neighbor—Continued from Front

Four long-time Outreach volunteers talked about the ministry and programs:

Pat Iams

"I was on jury duty and had heard about Catch Court and I asked if I could visit it. It's a rehabilitation court, not a punishment court; it serves women who have become prostitutes, who have been trafficked. This is a two-year program. It's hard work to get people sober and acclimated to the community, giving them basic living skills and trauma counseling." Outreach volunteers bring a monthly meal to the court. "You know how Episcopalians like to get together and eat. This gives a time for the women in the program to get together and socialize and eat; we can stay and listen to their progress."

Barb Keyes

Barb has worked with Outreach programs for three-decades-plus. "I think Outreach gives the church a face and a meaning in the community and around the world in helping our neighbors. For me personally, Saint Mark's Outreach gives me the opportunity to work with other

organizations I would not have the opportunity to work with. As an individual it is much harder to work for change than if you are working as a group; there is strength in numbers."

Pat Barton

Pat earlier in life had a job that included the licensing of foster homes. "A new program (supported by Outreach) that I'm very interested in is the Star House program. It's a facility that works primarily with foster children who age out of foster care. When they become 18, the foster family no longer has to keep them and many don't. So if there is no one else around to help them, they are pretty much on their own. Star House can help them to a more stable life" by providing immediate care such as food and clothing as well as long-term guidance and counseling. Pat encouraged parishioners to attend First Sunday events each month, where presentations and activities related to Outreach programs are held.

Marilyn Smith

Marilyn said she became a member of the Outreach committee in the 1970s. Even earlier she had been active in ministry to immigrants, recalling how she drove an immigrant to his job, with

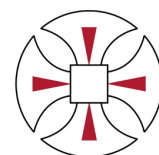


her young son strapped into his car seat. Today, Move to PROSPER "is very dear to my heart;" she brought the program to Outreach's attention. Move to PROSPER makes affordable housing available in safer neighborhoods with schools with more resources, to help families seeking to improve themselves.

"I'm very proud how Outreach has matured. We're researching things better, interviewing (potential recipients). Our budget is much more transparent. And I'm very proud how our parish has responded. We have always had a history of helping, but now people seem to be much more sensitive to community needs," Marilyn said.

Helping others is part of who we are at Saint Mark's, Leslie said. "It's consistent with what Jesus would want us to do. It's helping others; it's giving people a leg up."

Spending time with those who have needs "made me feel closer to recognizing the dignity of every human being," Marilyn said. "I think anybody who has been involved in any of our projects would say it's a blessing to us, as well."



OUTREACH & SOCIAL JUSTICE

NNEMAP

We received a thank you from their director, Roy Clark, telling us that last year, in addition to our \$3000 cash contribution, in 2022 Saint Marks donated 5889.55 pounds of food and grooming items with a cash equivalency of \$10,42.30 (each pound of in-kind donations is valued at \$1.79).

We would like to put together spaghetti meal bags for NNEMAP. They were popular last year and NNEMAP has asked if we could do it again. Contributions of jars of sauce, packets of dry spaghetti, jars of dried parmesan cheese, bottles of Italian salad dressing and boxes of brownie mix would be most appreciated.

CATCH Court

Saint Mark's volunteers served lunch to about 30 women attending from both the morning and afternoon sessions. At the afternoon court session, they witnessed a very moving Burn the Ships Ceremony. The honoree is given a necklace with a ship on it. This is based on the story of the explorer Cortez sailing to Mexico. He told his passengers and crew that their new life in Mexico would be very different, and they needed to forget the old and be committed to the new life. To ensure that commitment, he burned the ships so there was no returning to the old life. The ceremony is performed when a woman has completed most of the CATCH program- showing her commitment to a new way of life.

Saint Mark's takes lunch to the Court on the second Thursday of each month. Anyone interested in helping with a future lunch or attending the court with the Saint Mark's group should reach out to Pat Iams, Pati51@aol.com.

Diapers and Spices

Our next event will be Wednesday March 8 at 10:30 a.m. in the Canterbury Center. Come and join the group. Everyone is welcome. Many hands make quick work! This month in addition to the spices and diapers, we will be making up small packets of bandages and antibiotic cream to be handed out at NNEMAP.

Street Church

Thank you to all of the volunteers who helped with our last Street Church lunch. Following the short outdoor service (conducted by our own former Associate Pastor, Christopher Richardson) the team served burrito lunches to about 39 people. A special thank you goes to the Benito family for donating their burrito wrapping skills to the preparation process. We all have a special skill to offer!

If you would like to participate in the April Street Church event, see Roberta Morton or email her at notvmorton@gmail.com.



Layette Program Baby Shower

In conjunction with the March First Sunday Project featuring our Help Me Grow partners, Outreach will host a baby shower for the Layette Program. This year we are asking everyone to purchase items from a very specific list of the items we include in the layette packs for the women. These items include:

- Footed sleepers
- sleep sacs
- Onesies (short and long sleeve)
- hooded towels
- Socks
- baby washcloths
- Pacifiers
- lightweight receiving blankets (no heavy blankets are permitted for safety reasons)
- pack and play sheets
- safety items such as outlet covers and cabinet latches
- Small board books that teach concepts such as shapes, colors or letters

Items can be new or slightly used. We highly recommend Once Upon A Child as an inexpensive source for some of these items. Another easy option is the Amazon Wish List for the Layette Program. Order any of the items on the list and they will be sent directly to Outreach. There is a link for the Wish List on the Saint Marks website.

*"There are no great things to be done.
Only small things with great love."*

-Mother Theresa

OUTREACH & SOCIAL JUSTICE

Current Projects Where Saint Mark's Provides Funding or Volunteers or Both

NNEMAP -- A food pantry providing food and other resources to Columbus residents.

St. John's Street Church – A long-time mission in Franklinton which provides worship services and meals.

Open Shelter — A day-services shelter and support center for the homeless and those marginally housed.

Appalachian Children's Project – Provides material support to parents and young children in Vinton and Jackson counties.

CATCH Court – A program of Franklin County Municipal Court offering alternatives to women who have been sexually exploited.

Move to PROSPER – A program helping low-wage families with affordable rental housing in areas with higher-resourced schools, safer neighborhoods and other resources.

Star House – A center providing homeless youth ages 14-24 with food, clothing and other necessities as well as social services.

Freedom a la Carte – A Downtown café and bakery providing employment and services to survivors of human trafficking.

Habitat for Humanity – Northwest Partnership – A consortium of churches building houses that are safe, decent and affordable.

Migration Ministry – A Saint Mark's ministry supporting and raising awareness of refugees and asylum seekers locally and nationally.

Episcopal Relief & Development – One of the largest faith-based providers of humanitarian assistance in the world.

Migration Ministries

It's hard to turn on any media source and not see or hear something about immigrants or refugees. Keeping in mind that these humans are moving to a new country with the intention of living safe and productive lives, one might wonder why there are so many issues.

First, refugees face tough decisions when deciding to move because they'll be leaving their homes, families, friends, and culture. Once they decide that leaving is the only option, they confront many human rights challenges during transit and at borders. Compounded by the high cost of migrating, restrictive migration policies and pandemic-related border constraints, refugees must be persistent and focused on the goal of finding a new home in a place with limits on social rights and limited access to services.

For millennia, God has told us
to welcome the stranger — Let's
do this together.

At times, after getting through these barriers, refugees may be unable to find the amount of anticipated work due to increasing automation in many industries. All of this is not only stressful, but also a recipe for a life of poverty and despair.

Lent is a time when those who care about diversity in our community and want a just and fair chance for people new to America can give hope to refugees. Your gift is to use your voice as a tool for advocacy to help transform policies and services that affect refugees. Throughout the US, individuals who oppose immigration and refugee resettlement are speaking loudly and often to the media and to policy makers. You too can speak on behalf of migrants by helping educate policy makers about the important role refugees play in Central Ohio. Start with email, phone calls and face to face meetings with local leaders to start an ongoing process that over time will support the creation of systems and services that help refugees fully integrate and thrive.

For millennia, God has told his people to welcome the stranger – let's do this together. For more information about how you can help, please contact Joyce Acton, 614-560-9219, actongroup@gmail.com; or Brenda Hammersley, 614-330-1436, b.hammersley@yahoo.com.

PASTORAL CARE—GRIEF SUPPORT

Myths That Can Hurt Your Heart

By Brenda Hammersley, RN, MSN, MBA, Certified Grief Counselor

"Grief is not optional. If you love you will feel sorrow someday." -David Kessler

This quote reminds us of the universal experience of loss and grief and helps to normalize the pain we experience after a death. But society's messages about sorrow are not always helpful. Here are some common myths about grief and some tools that will reduce their impact on your tender heart.

Don't feel bad.

The earliest lesson we sometimes get as children is "don't feel bad". This is intended to comfort but some children learn to repress or bury naturally occurring sad or painful feelings – and practice doing so for life. As an adult you may struggle with the grief of loss and self-medicate with alcohol, food, shopping, gambling, binging on the internet or other behaviors to relieve anxiety and pain. Being aware of how you react to the pain of your loss is an important step in healing your broken heart.

Replace the loss.

The message here is that you'll feel better if you marry again, get another pet, have another child, or find a way to fill in the hole left by your loss. The dark side of the message is the assumption that relationships are replaceable – like light bulbs or car batteries. It undermines the value of your lost relationship and impedes healing. If this is happening to you, try to find ways to share the importance of the relationship lost through death by talking to someone who knows and understands what you're experiencing.

Grieving should be done in private and alone.

We've all heard the phrase: "laugh and the world laughs with you, cry and you cry alone". Having a "stiff upper lip" is a deeply embedded value in our society. You may have a fear of "losing it" or "breaking down" when your sadness swells into a grief surge around others. Putting on the "I'm fine" mask makes others feel better but does nothing good for you. Try to find a few important people in your life with whom you can be honest using short simple statements to share your feelings. "Today is a hard day for me."

Time heals all wounds.

Actually, time itself does nothing - it only passes. It is what we do within time that affects the quality of our lives after a death. Finding meaning and purpose is an important step in healing the pain of grief, but (you guessed it) this takes time.

You must be strong for others.

This is another message that protects others but may require you to lie to yourself about what you are feeling and needing. Do you like being lied to? Forget about being strong. Be human.

Keep busy.

The idea that constant activity will prevent feeling the pain of your loss is challenging. During the first two years after a death, you will need to gradually become involved in a new world that does not include your loved one. But be careful that your days are not filled with short-term distractions because healing requires feeling. Staying busy to avoid pain means that at the end of the day not only are you tired - but your heart is also still broken.



Come to Saint Mark's Grief Support Group and spend time with others who are working through loss. Our winter session will continue on two Saturdays in March: the 11 and 25 from 9:30 - 11 a.m.

No matter where you are on your grief journey, you are welcome to join us at any or all sessions. For more information contact Brenda Hammersley at 614-330-1436 or b.hammersley@yahoo.com.

THE PEOPLE OF SAINT MARK'S

O God, your unfailing providence sustains the world we live in and the life we live:
 Watch over those, both night and day, who work while others sleep,
 and grant that we may never forget that our common life depends upon each other's toil;
 through Jesus Christ our Lord. *Amen.*

We offer condolences to the family of:



The **RT. Rev. Edward Cole Chalfant** died on January 24, 2023 at the age of eighty-five.

Bishop Chalfant served as the second rector of Saint Mark's beginning in 1972 and in 1984 was elected Bishop of Maine, a post he served until 1996. Following this he moved to Ponte Vedra Beach, Florida, and became a member of the

clergy staff at Christ Episcopal Church at Serenata Beach Club. He served as Vicar there from 2004 until his retirement in 2020. He always said that the years working with this dedicated congregation were the happiest time of his ministry.

Bishop Chalfant is survived by his wife, Winkie, his son, Cole (Megan), daughter, Meg, and their families and a brother, David Chalfant, and sister, Constance Walker.

A private service will be held in Maine this summer.

Bless those who mourn, eternal God, with the comfort of your love that they may face each new day with hope and the certainty that nothing can destroy the good that has been given. May their memories become joyful, their days enriched with friendship, and their lives encircled by your love. Amen.



MARCH BIRTHDAYS

Rick Wheeler	3/5	Brynn Fraser	3/26
Jay Wilcox	3/7	Mia Fraser	3/26
Ellie Conklin	3/7	Simon Fraser	3/27
Julia Johnson-Davis	3/9	Stuart Brace	3/27
Alex Reed	3/10	Ken Nicol	3/28
Avery Haupt	3/13	Jim Gebhart	3/29
Emily Iams	3/16	Philip Norman	3/29
Cheryl Boop	3/17	C.J. Milburn	3/29
Judy Leach	3/18	Jack Parson	3/30
Michael Murray	3/19	Jillian Bohnert	3/30
Steven Rogers	3/21	Benjamin Boeglin	3/31
Dave Yeager	3/23		

Watch over thy children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may thy peace which passeth understanding abide all the days of their lives; through Jesus

Parish Prayer List

Asher	Eli	Michael
Bill	Ethel	Timothy
Charles	Gary	Tsomo
David	Glenn	Yangsi
Debbie	Jill	
Dianne	Julie	

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles and bring them the joy of your salvation. Amen.

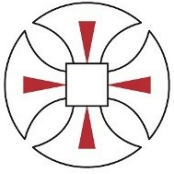


Engage with the Saint Mark's community on Facebook and Instagram for inspiration, information, and weekly e-news parish announcements.

If you have a pastoral care concern or would like to add a name to the prayer list, you can do so by contacting Pastor Vicki at rector@saintmarkscolumbus.org, by calling the parish office (614) 486-9452. You may also add a name to our prayer list at www.saintmarkscolumbus.org/prayer-request.

www.SaintMarksColumbus.org/Calendar

The Season of Lent



SAINT MARK'S EPISCOPAL CHURCH
2151 Dorset Road
Columbus, OH 43221
www.SaintMarksColumbus.org
(614) 486-9452

See inside for a full calendar of events and gatherings and visit www.SaintMarksColumbus.org.

COMING IN MARCH

Saturday, March 4

9 a.m. Lent Quiet Morning
5 p.m. Supper Group

Sunday, March 5

9:30 a.m. Outreach Ministry Baby Shower
10:30 a.m. Brown Bag Sermon
Noon Youth Group
4 p.m. Choral Evensong

Thursday, March 9

11 a.m. CATCH Court Lunch

Tuesday, March 14

6:15 p.m. Contemplative Prayer Group
7 p.m. Sacred Conversations

Monday March 20

7 p.m. Sisters in Faith

Tuesday March 21

7 p.m. Outreach Ministry

Tuesday, March 28

6:15 p.m. Contemplative Prayer Group
7 p.m. Migration Ministries

March Supper Group—March 4 at 5 p.m.

All adults, as well as adult children, are welcome to this themed pot-luck style dinner that takes place on the first Saturdays of the month in the parish hall.

Contact Gloria Wylie gawylie@att.com or 614-738-1716.



Daylight Savings Time Begins March 12

Be sure to remember to turn your clock forward one hour before you go to bed Saturday night, or you will be arriving an hour late for church.